
MENU

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1833 FAIRMOUNT AVENUE
PHILADELPHIA, PA 19130
TELEPHONE 215-235-0170

HOURS MON-FRI: 7AM-8PM
SAT+SUN: 8AM-7PM

BREAKFAST

TELA'S BREAKFAST 8.95

two eggs, bacon, crispy potatoes & toast

EGG SANDWICH 6.95

two over easy eggs w/ cheddar on toasted brioche bun, w/ crispy potatoes
– choice of bacon, sausage, ham or turkey bacon
– substitute egg whites + 1.50

BAGEL 2.50

choice of cream cheese, butter or jelly
make it a **LENNY** (lox, tomato, red onion & cream cheese) + 7.00

BREAKFAST BURRITO 8.95

two over easy eggs, black beans, cheddar, potato-chorizo hash
& salsa roja wrapped in a flour tortilla w/ crispy potatoes

VEGGIE OMELET 8.95

three eggs, fresh spinach, tomatoes & feta cheese w/ crispy potatoes

NORTH COUNTRY BACON OMELET 8.95

three eggs, crispy North Country bacon, peppers, onions & cheddar w/ crispy potatoes

BUTTERMILK PANCAKES 7.95

Pennsylvania maple syrup & powdered sugar
– add fresh fruit or chocolate chips + 1.50

CINNAMON & BROWN SUGAR OATMEAL 5.95

berries & raisins

HOUSE-MADE GRANOLA AND YOGURT \$5.95

low-fat yogurt, granola, fresh fruit & honey

BRIOCHE FRENCH TOAST 8.95

caramelized bananas, maple syrup, powdered sugar & whipped cream

SIDES

SINGLE EGG 1.50

CRISPY POTATOES 3.00

TOAST 3.00

BREAKFAST MEAT 3.00

SANDWICHES

All sandwiches come with a Side Salad |
Substitute Fries for 1.00

BUTTERMILK FRIED CHICKEN 8.95
fried chicken, coleslaw & spicy honey butter
on toasted brioche

TUNA MELT 8.95
tuna salad with provolone, tomato, pesto
on an English muffin

ROASTED TURKEY SANDWICH 8.95
house-roasted turkey, tomato,
romaine lettuce & herb mayo
on toasted country white
– add bacon +1.50 – add avocado +1.00

PULLED PORK 8.95
pulled pork, coleslaw, provolone, pickles &
creamy whole grain mustard
on toasted brioche

MEATBALL PARM 8.95
house-ground meatballs,
slow cooked tomato sauce & parmesan
on toasted baguette

FISH TACOS 12.95
crispy market-fresh fish, pickled cabbage
with jalapeños, red onion & red chili mayo
on flour tortillas

**PORTABELLO MUSHROOM
SANDWICH** 8.95
grilled onion, roasted red peppers,
tomatoes, arugula, provolone & pesto
on toasted ciabatta

THE MATTEO 9.95
prosciutto, sweet soppressata, provolone,
long hots, romaine, tomato & mayo
on toasted baguette

SHORT RIB SANDWICH 12.95
horseradish mayo, blue cheese,
bacon jam on a baguette

BL(A)T 7.95
North Country bacon, vine-ripened tomato,
romaine, avocado & mayo on toasted
country white

SALADS

Add Something from Our Grill...
Shrimp, Salmon 8.00
Chicken 4.00

CAESAR 7.95
crisp romaine, shaved parmesan &
black pepper croutons tossed in
house Caesar dressing

ARUGULA SALAD 8.95
shaved fennel, radish, crispy shallots,
tomatoes, shaved parmesan in a
lemon vinaigrette

COBB SALAD 10.95
crisp romaine, tomato, roasted turkey,
bacon, boiled egg, blue cheese, avocado,
tossed in a honey dijon vinaigrette

MIXED GREEN 8.95
spring mix, tomatoes, haricot verts, onion,
avocado in a shallot dressing

SOUTHWESTERN SALAD 8.95
queso fresco, jicama, tomatoes, black beans,
cucumber, cilantro, red onions,
crispy tortilla in a tomatillo vinaigrette

TUNA NICOISE SALAD 12.95
ahi tuna – seared rare, tomatoes, olives,
potatoes, haricot verts, radish, hard boiled
egg on a bed of boston lettuce

SOPHIE'S CORNER

KID'S MENU

NOO - NOOS 3.95
cavatappi pasta with cheddar sauce

PB & J 3.95
peanut butter & strawberry jam
on toasted country white bread

CHICKEN FINGERS 4.95
crispy chicken fingers with french fries

GRILLED CHEESE SANDWICH 5.95
cheddar on toasted brioche

SWEETS BEVERAGES

A VARIETY OF SWEETS AND
HOT AND COLD BEVERAGES
ARE AVAILABLE AT OUR
COUNTER AND THE MARKET